



POOL SCHEDULE

FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Marion YMCA

January 2012 – February 2012

Schedule and is subject to change based on program needs.

Multiple activities are often scheduled in this pool at the same time.

Lap Swimming Tips

Although we strive to keep lap lanes available to swimmers most of the time, there are times when there are limited lanes or no lanes available. Please watch the schedule and how many lanes are available and at what times. If there are 1 or 2 swimmers in a lane, they may elect to split the lane in half. The entrance of a third person immediately changes the lane to "circle" swimming format. Please try to choose a lane with swimmers that most nearly match your speed.

* = Lap lane availability

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30 – 7:00am Water Walking (2) *(4 Lap)	5:30 – 8:00am Water Walking (2) *(4 Lap)	5:30 – 7:00am Water Walking (2) *(3 Lap)	5:30 – 8:00am Water Walking (2) *(4 Lap)	5:30 – 7:00am Water Walking (2) *(4 Lap)	7:00 – 8:00am Water Walking (2) *(4 Lap)	
7:00–10:00am *(3 Lap)	8:00–10:00am *(3 Lap)	7:00–10:00am *(3 Lap)	8:00–10:00am *(3 Lap)	7:00–10:00am *(3 Lap)		
10:00–12:00 pm Swim Lessons (3) *(3 Lap)	10:00–12:00 pm Swim Lessons (3) *(3 Lap)	10:00–12:00 pm Swim Lessons (3) *(3 Lap)	10:00–12:00 pm Swim Lessons (3) *(3 Lap)	10:00–12:00 pm Open Swim (3) *(3 Lap)	8:00–12:00pm Swim Lessons (5) *(1 Lap)	
12:00–1:00pm Water Walking (2) *(4 Lap)	12:00 – 1:00 pm Water Walking (2) *(4 Lap)	12:00–1:00pm Water Walking (2) *(4 Lap)	12:00 – 1:00 Water Walking (2) *(4 Lap)	12:00 – 1:00pm Water Walking (2) *(4 Lap)	12:00–1:00pm Water Walking (2) *(4 Lap)	12:00 – 3:45pm Open Swim (3) *(3 Lap)
1:00–4:00pm Open Swim (3) *(3 Lap)	1:00–4:00pm Open Swim (3) *(3 Lap)	1:00–4:00pm Open Swim (3) *(3 Lap)	1:00–4:00pm Open Swim (3) *(3 Lap)	1:00 – 5:00pm Open Swim *(3 Lap)	1:00 – 3:45 Open Swim *(3 Lap)	
4:00–6:45pm Swim Lessons (5) *(1 Lap)	4:00–6:45pm Swim Lessons (5) *(1 Lap)	4:00–6:45pm Swim Lessons (5) *(1 Lap)	4:00–6:45pm Swim Lessons (5) *(1 Lap)	5:00–6:00pm Swim Team (5) *(1 Lap)		
6:45–8:00pm Swim Team (5) *(1 Lap)	7:00–8:00pm Open Swim (2) (6:45) Swim Team (4)	6:45–8:00pm Swim Team (5) *(1 Lap)	7:00–8:00pm Open Swim (2) (6:45) Swim Team (4)	6:00–8:45pm Community Swim (3) *(3 Lap)		
8:00–8:45pm Open Swim (3) *(3 Lap)	8:00–8:45 pm Open Swim (2) *(4 Lap)	8:00–8:45pm Open Swim (3) *(3 Lap)	8:00–8:45 pm Open Swim (2) *(4 Lap)			

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